

Poplar Avenue Clinic / Dr. Sanjeev Kumar & Associates

6584 Poplar Ave. Suite 400 Memphis, TN 38138



901-300-6713



901-881-0337

SURGERY INFORMATION

Scheduled Date of Surgery _____ TIME _____ Arrive 2-3 hours prior to scheduled time

Name of the Surgery I am having _____ & all other necessary procedures.

- Please submit any FMLA or Short-term disability paperwork to FAX [901-881-0337](tel:901-881-0337) OR GynInfo@gyn-md.com (fee required)
- After surgery you will be restricted from heavy lifting of objects weighing 15lbs or more.
- Medical / Cardiac Clearance documentation from your doctor is required before your surgery date.

WHERE TO GO

- | | | |
|--|--|----------------------------|
| <input type="checkbox"/> ST. Francis Park | 5959 Park Ave Memphis, TN 38118 | Phone: 901-765-7167 |
| <input type="checkbox"/> Methodist Germantown | 7691 Poplar Ave Germantown, TN 38138 | Phone: 901-516-6865 |
| <input type="checkbox"/> Baptist Women's | 6225 Humphreys Blvd Memphis, TN 38120 | Phone: 901-227-9295 |
| <input type="checkbox"/> Baptist East | 6019 Walnut Grove Rd Memphis, TN 38120 | Phone: 901-226-1901 |

BEFORE MY SURGERY



MEDICATIONS

Continue taking medications regularly. Its okay to have a small sip of water while taking your morning medications. If you have questions regarding medications please call us.

STOP THE FOLLOWING MEDICATIONS

- ASPIRIN 7 days before surgery
- PLAVIX 5 Days before surgery
- ELQUIS 2 days before surgery
- WARFARIN/COUMADIN 5 days before surgery
- PHENTERMINE 7 days before surgery



NIGHT BEFORE SURGERY

NO eating or drinking after midnight the night before your surgery.



DRIVING

No driving after surgery. A driver must be present before and after surgery - To ensure you get home safely.



JEWELRY/ LOTIONS

Avoid wearing jewelry or lotions the day of surgery.